

Sage Journals

How to Get Published in an Academic Journal

A Quick Guide to Writing,
Submitting and Publishing your
Research

Elizabeth Brophy, Publisher Engineering

Ed Draper, Assistant Editor



4th November 2025

Sage Journals

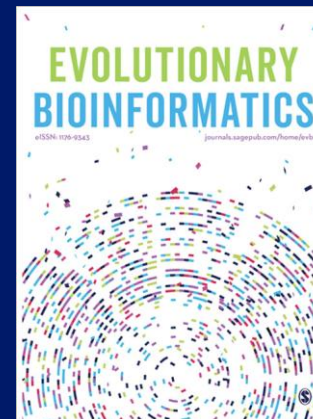
Communication
& Media Studies



Geography, Earth
& Environmental
Science



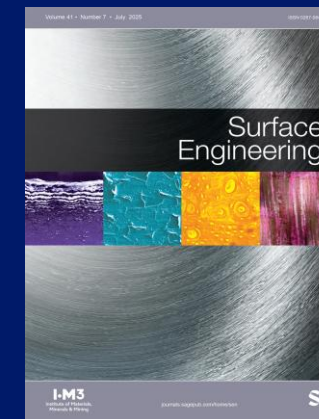
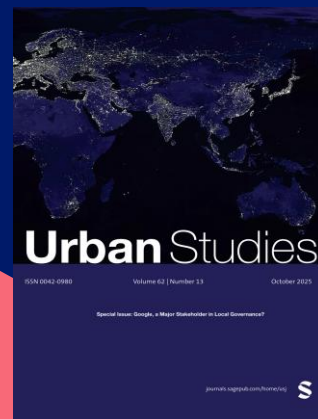
Life &
Biomedical
Sciences



Materials
Science &
Engineering



Maths, Physics,
Chemistry &
Computing



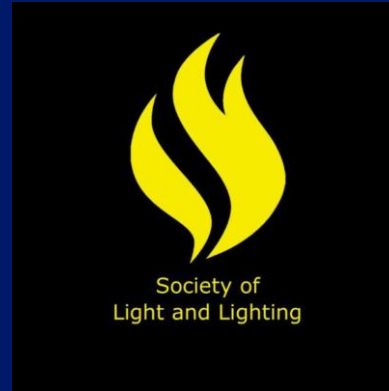
Sage Partners



Australian Society of
Anaesthetists®



American Sociological Association



The **ROYAL**
SOCIETY of
MEDICINE



Associazione
Italiana per
l'Intelligenza
Artificiale



I.M3

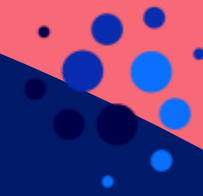
Institute of Materials,
Minerals & Mining



THE SOCIETY FOR
MODELING & SIMULATION
INTERNATIONAL™



Sage Journals Growth



IOS Press

Mary Ann Liebert, Inc

IOS Press

December 2024

November 2023

100+ journals:

- Biotechnology
- Life Sciences
- Public Health
- Clinical Medicine

100+ journals and books:

- Mathematics
- Life Sciences
- Clinical Medicine
- Computing

Mary Ann Liebert, Inc.  publishers

Overview

What we will cover today



Motivations and
Benefits



Preparation
and Submission



Submission to
Publication



What next?



Motivations & Benefits

Why?

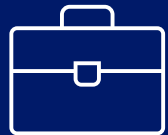
Recognition



Community & Society



Career Development



With researchers. With integrity. With impact.

How?

Original Research

Publish your research project



Themed Contribution

Submit to a special or theme issue



Invitation

Respond to an invitation to contribute



Dialogue

Review or critique policies or practice standards in your field



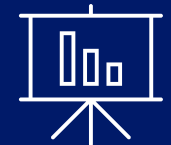
Development

Comment on a discussion topic or controversy in your field



Data

Share your data and insights



Overview

What we will cover today



Motivations and
Benefits



Preparation
and Submission



Submission to
Publication



What next?

With researchers. With integrity. With impact.

Writing your Article

Getting Started

- What are you writing?
- Who are you writing for?
- Why are you writing this?
- Stay in control



With researchers. With integrity. With impact.

Writing your Article

Writing and Structuring your Article

- Title
- Abstract
- Introduction
- Method/Experimental Section
- Literature Review
- Results and Discussion
- Conclusion
- References
- Authors/Acknowledgements



Writing your Article

Abstract Structure and Discoverability

Volpi T, Silvestri E, Aiello M, et al. The brain's "dark energy" puzzle: How strongly is glucose metabolism linked to resting-state brain activity? *Journal of Cerebral Blood Flow & Metabolism*. 2024;44(8):1433-1449. doi:[10.1177/0271678X241237974](https://doi.org/10.1177/0271678X241237974)

Tommaso Volpi^{1,2} , Erica Silvestri³, Marco Aiello⁴,
John J Lee⁵ , Andrei G Vlassenko⁵, Manu S Goyal⁵ ,
Maurizio Corbetta^{1,6} and Alessandra Bertoldo^{1,3}

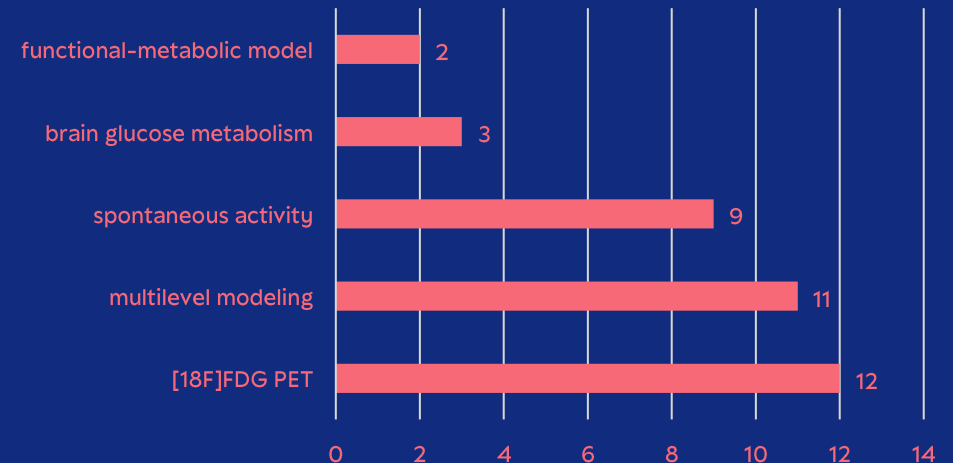
Abstract

Brain glucose metabolism which can be investigated at the macroscale level with $[^{18}\text{F}]\text{FDG}$ PET displays significant regional variability for reasons that remain unclear. Some of the functional drivers behind this heterogeneity may be captured by resting-state functional magnetic resonance imaging (rs-fMRI). However, the full extent to which an fMRI-based description of the brain's spontaneous activity can describe local metabolism is unknown. Here, using two multimodal datasets of healthy participants, we built a multivariable multilevel model of functional-metabolic associations, assessing multiple functional features, describing the 1) rs-fMRI signal, 2) hemodynamic response, 3) static and 4) time-varying functional connectivity, as predictors of the human brain's metabolic architecture. The full model was trained on one dataset and tested on the other to assess its reproducibility. We found that functional-metabolic spatial coupling is nonlinear and heterogeneous across the brain, and that local measures of rs-fMRI activity and synchrony are more tightly coupled to local metabolism. In the testing dataset, the degree of functional-metabolic spatial coupling was also related to peripheral metabolism. Overall, although a significant proportion of regional metabolic variability can be described by measures of spontaneous activity, additional efforts are needed to explain the remaining variance in the brain's 'dark energy'.

Keywords

Brain glucose metabolism, spontaneous activity, functional-metabolic model, $[^{18}\text{F}]\text{FDG}$ PET, multilevel modeling

Keywords



Writing your Article

Things to Remember

- Funder requirements
- Acknowledgements
- Style and formatting guidelines
- References
- Author order
- AI and LLMs
- Preprints
- Search Engine Optimisation
- Discoverability
- Plagiarism
- Word limits



Writing your Article

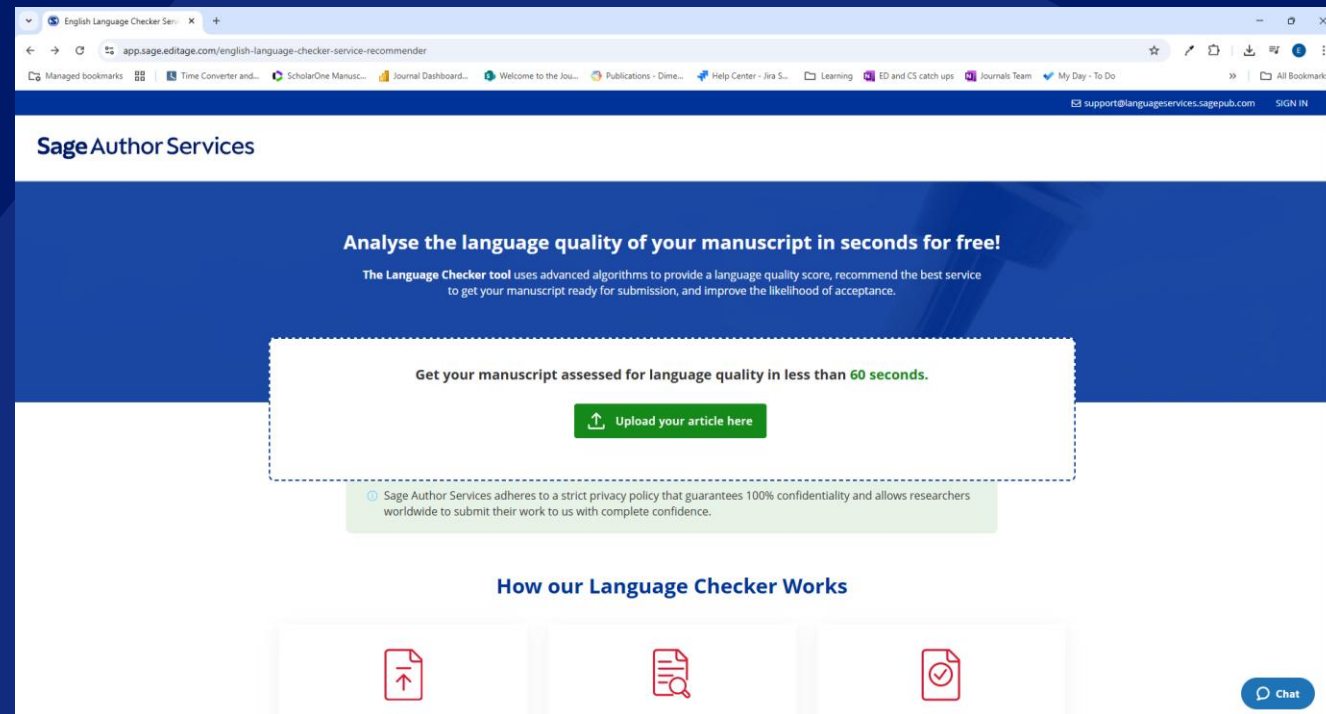
In a second language

- Read widely.
- Keep the language as clear and simple as possible. Use the first-person, active voice.
- Make a note of the preferred terminology used in your target journal
- Use repositories to find the right terminology
- Use a Translation Service
- Ask the journal if they'll publish in your preferred language – either the full article or **the abstract**

With researchers. With integrity. With impact.

Sage Language Services

<https://languageservices.sagepub.com/en/>



Submitting your Article

Finding the Right Journal

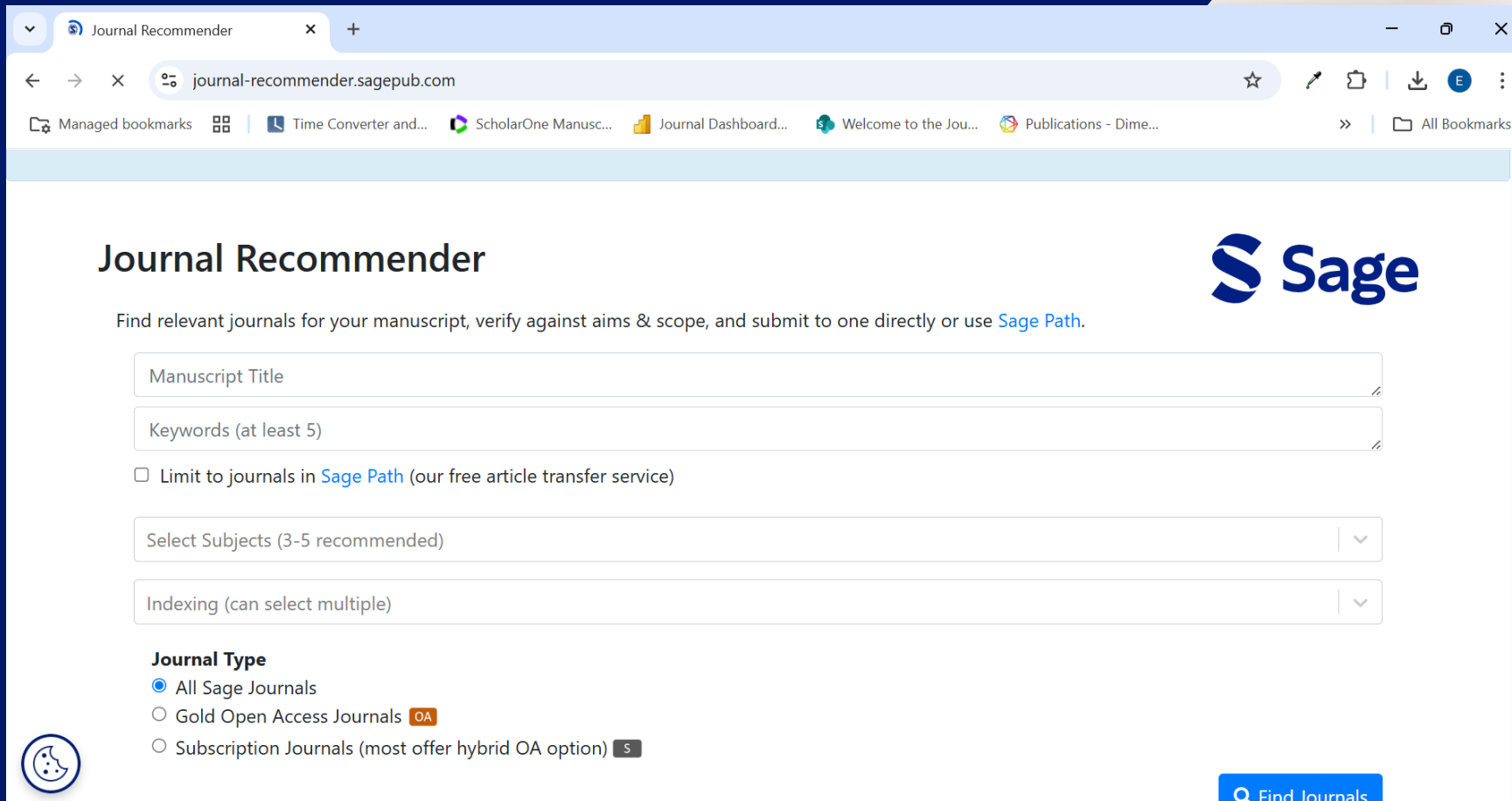
- What do you read?
- What have you cited?
- Peer and/or supervisor suggestions
- Reputation & Indexing
- Aims & scope
- Journal recommenders



With researchers. With integrity. With impact.

Submitting your Article

Sage Journal Recommender



Journal Recommender

Find relevant journals for your manuscript, verify against aims & scope, and submit to one directly or use [Sage Path](#).

Manuscript Title

Keywords (at least 5)

☐ Limit to journals in [Sage Path](#) (our free article transfer service)

Select Subjects (3-5 recommended)

Indexing (can select multiple)

Journal Type

- ☒ All Sage Journals
- ☐ Gold Open Access Journals **OA**
- ☐ Subscription Journals (most offer hybrid OA option) **S**

[Find Journals](#)

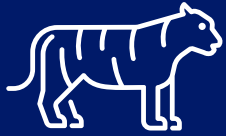
<https://journal-recommender.sagepub.com/>



Submitting your Article

Staying Aware

With researchers. **With integrity.** With impact.



Predatory
Publishing

Artificial
Intelligence

Funder
Mandates

Publishing Fees

Submitting your Article

Pre-Submission Checklist

- Submission guidelines
- Aims & scope
- Style and formatting
- Title page
- Cover letter
- Peer review type
- Journal type
- Permissions
- Ethical clearance
- Statements – e.g., Conflict of Interest
- ORCID ID
- Data requirements

With researchers. **With integrity.** With impact.



Overview

What we will cover today

With researchers. **With integrity.** With impact.



Motivations and
Benefits



Preparation
and Submission



Submission to
Publication



What next?



Peer Review

What is assessed?

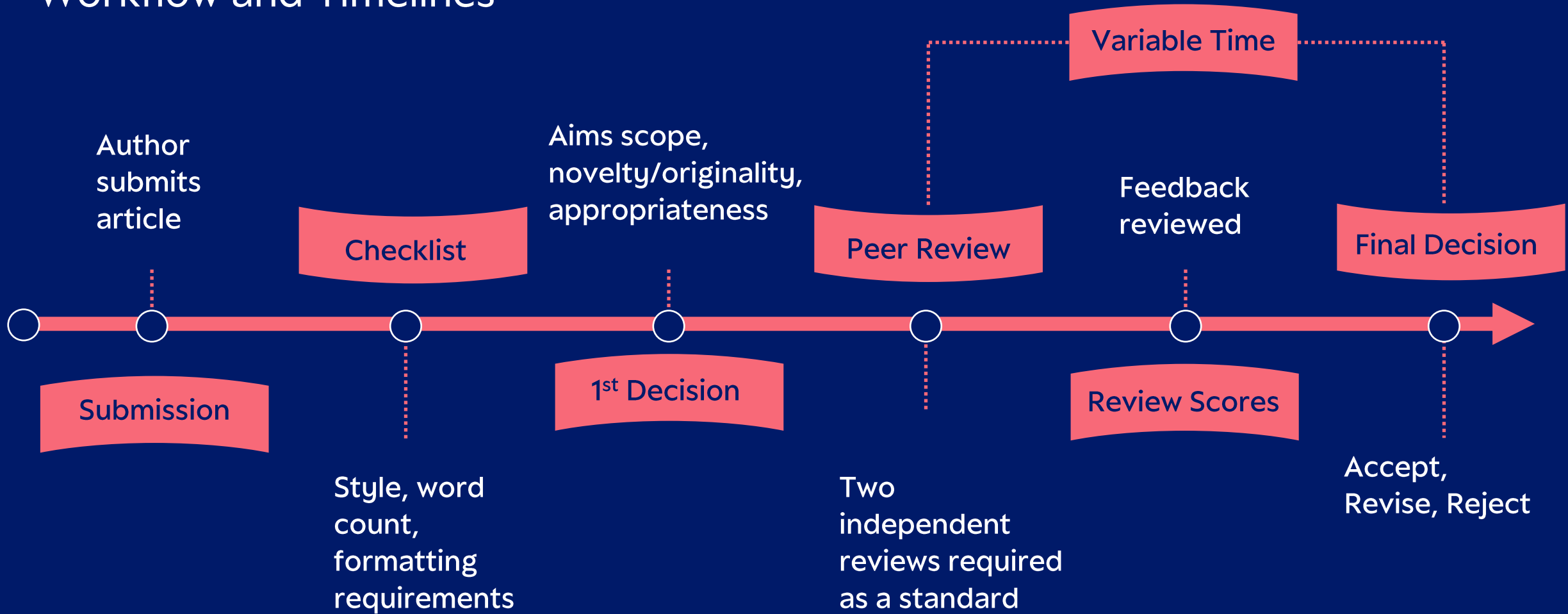
With researchers. **With integrity.** With impact.

- Authority
- Novelty
- Relevance
- Presentation
- Integrity
- Rationale
- Conclusion



Peer Review

Workflow and Timelines



With researchers. With integrity. With impact.



Peer Review

Workflow and Timelines

With researchers. **With integrity.** With impact.



Single
Anonymised

The reviewer's
identity is anonymous



Double
Anonymised

The author and the
reviewer are
anonymous



Open Peer
Review

Authors and reviewers
know each others'
identities

Peer Review

Tips and Advice

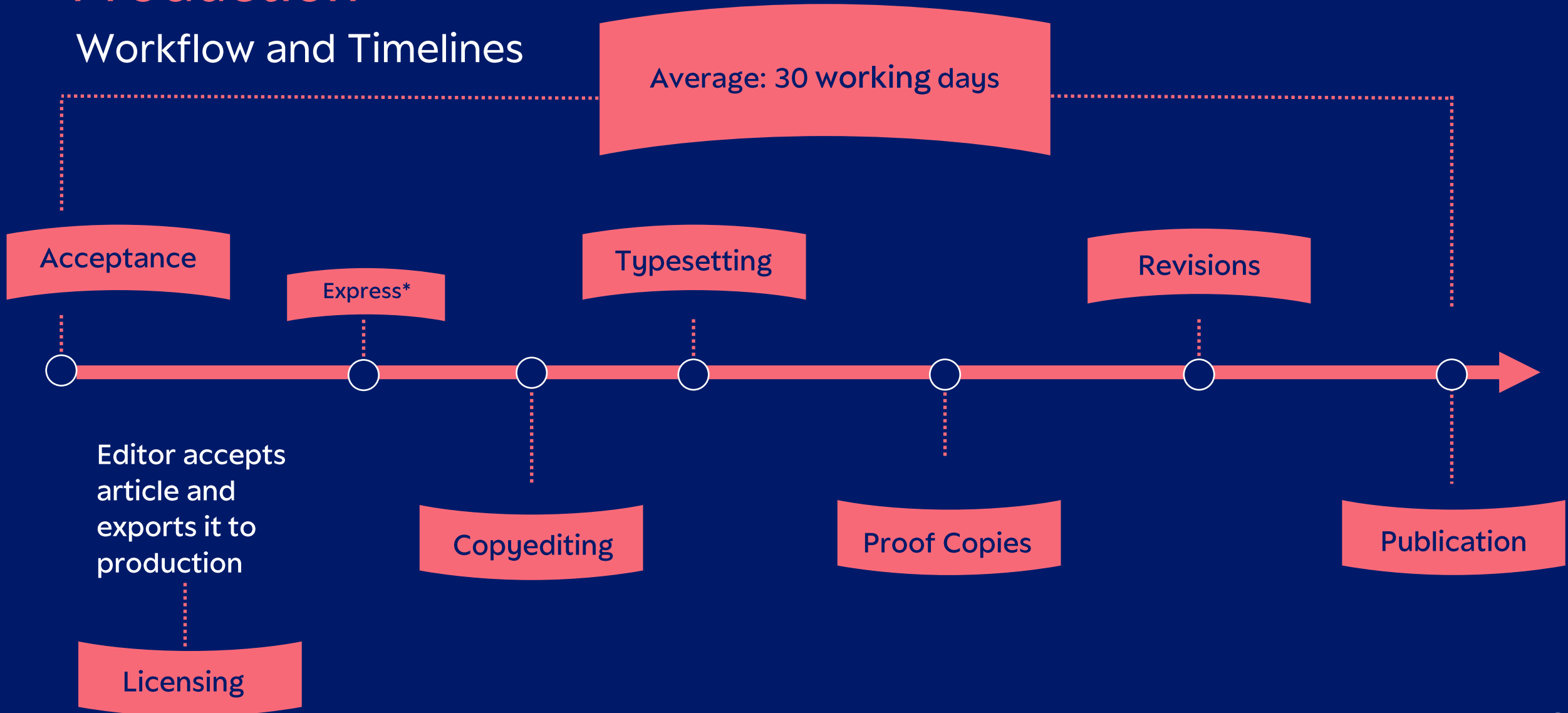
- DO NOT suggest reviewers
- RAISE post-submission corrections with the Editor
- RESPOND to questions and revision requests promptly
- ADDRESS reviewer feedback in your cover letter
- BE AWARE that peer review is a timely process
- CELEBRATE accomplishments

With researchers. **With integrity.** With impact.



Production

Workflow and Timelines



With researchers. With integrity. With impact.

*Only specific journals offer express publication



Production

Tips and Advice

- PROMPTLY check your proofs – 48 hours
- DILIGENTLY check your proofs – there may still be errors
- AVOID using AI to check or edit your proofs
- DO NOT make any major changes to your article

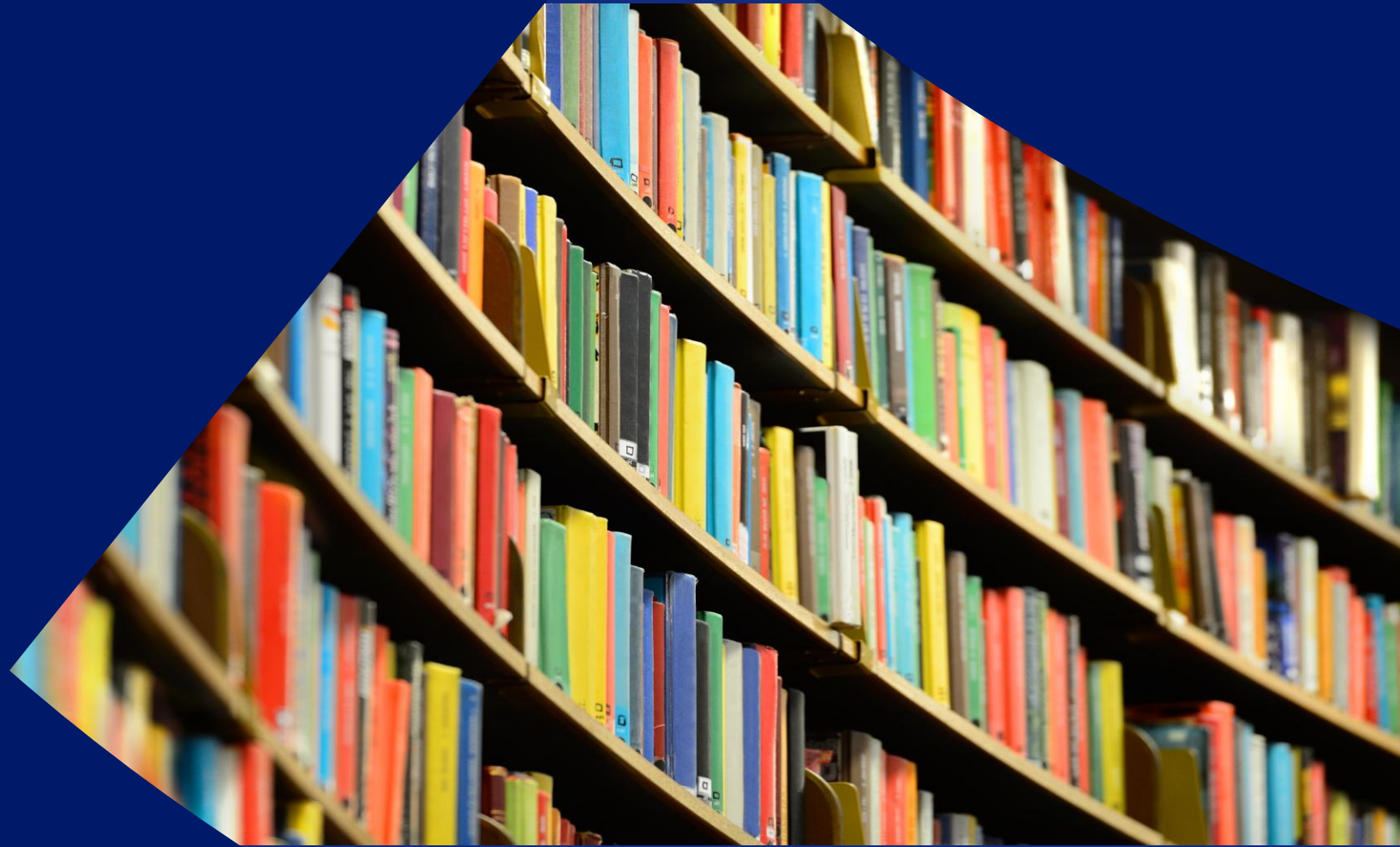


With researchers. With integrity. **With impact.**

Publication

Licensing

- Exclusive License to Publish
- Open Access license
- Sage Journals: Licensing & Payment portal



Open Access: What is it?

"Open access content is made freely available under the terms of a Creative Commons licence. Open access publication is usually subject to payment of an article processing charge (APC) paid by the author, institution or funding body."

<https://uk.sagepub.com/en-gb/eur/faqs>

With researchers. With integrity. **With impact.**



Open Access: Licensing

Creative Commons (CC) licenses “give every person and organisation in the world a free, simple, standardised way to grant copyright permissions for creative and academic works; ensure proper attribution; and enable others to copy, distribute, and make use of works.”

<https://creativecommons.org/>

Permits distribution and adaptation for any purpose, providing attribution is given.



Permits distribution and adaptation for non-commercial use only, providing attribution is given.



With researchers. With integrity. **With impact.**



Open Access at Sage

Gold and Green Open Access

With researchers. With integrity. **With impact.**



Gold	Green
Subject to a processing charge (APC)	No APC
Available immediately	Available after an embargo period
Continuous publication	Issue publication
Inclusion in a range of Open Access promotional campaigns	Flexible option for hybrid journals



Open Access at Sage

Sage Choice

- Subject to a processing charge (APC)
- Immediately available
- Issue Publication
- Flexible option for hybrid journals

With researchers. With integrity. **With impact.**



Open Access at Sage

Open Access Agreements:
[Anelis+](#) 2025

- Runs until the end of 2025
- Free OA publishing in any of Sage's 900+ subscription journals, subject to institutional package specifications
- Corresponding author must be affiliated with a Sage deal participating [consortium member](#)
- Note: full APC charged for publication in any Sage Gold OA journal

With researchers. With integrity. **With impact.**



Overview

What we will cover today

With researchers. With integrity. **With impact.**



Motivations and
Benefits



Preparation
and Submission



Submission to
Publication



What next?



What next?

Promoting your Article

With researchers. With integrity. **With impact.**



SEO

How discoverable is your article?



Conferences

Present your research to peers



Email

Circulate your research to peers



Publicity

Send your research to your local press office



Social Media

Share your research with your followers



Networks

Promote your research in a blog post



Multimedia

Discuss your research in a video or podcast



Article Sharing

Sage Journals Article Sharing

What next?

Things to consider going forward

- Adjacent topics from your project?
- Sign up to journal email alerts
- Review a paper for the journal
- Propose a special/theme issue to the editor



With researchers. With integrity. **With impact.**

Questions?

